

VIEWPOINT

A Publication of the Sierra Curtis Neighborhood Association

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October 2018

Curtis Park is in fruit fly quarantine zone

By Joan Cusick

The state has declared a fresh produce quarantine for a 123-square-mile area including Curtis Park following the discovery of 15 Oriental fruit flies in the Lemon Hill community in August.

The state quarantine affects 230 different varieties of fruits and vegetables, including citrus, grapes and tomatoes, which are potential “host fruits” for female fruit flies to lay eggs.

According to California Department of Food and Agriculture (CDFA), the quarantine means that growers cannot “move any (fresh) fruits or vegetables from their property.” Commercial farmers in the quarantine area cannot sell their produce until they complete a four-week pesticide treatment. Residents are advised not to give fruit and vegetables away. Farmers markets within the quarantine zone are required to cover produce for sale.

The CDFA guidance goes on to say, “Fruits and vegetables may be consumed or processed (i.e. juiced, frozen, cooked, or ground in the garbage disposal) at the property of origin.” For example, if you cook and preserve your backyard tomatoes, you may give away jars of canned tomatoes.

The state issued its order in late August, but few residents seem aware of the quarantine or how it affects their home-grown produce.

Bert and Ruth Pierroz grow apples, lemons and persimmons in the front yard of their home on Rochon Way.

“I was just thinking of offering apples to a neighbor to make a pie, but I guess I can’t do that,” Ruth said.

Please see Quarantine, Page 2



Photo/Joan Cusick

Ruth Pierroz picks Granny Smith apples from a tree in her front yard on Rochon Way. The state has issued an Oriental fruit fly quarantine for an area including Curtis Park and advises homeowners not to “move produce off the property.”

Sierra 2 will host forum on sales tax measure

Viewpoint Staff

SCNA and the Land Park Community Association will present a forum on the Measure U sales tax proposal from 7 to 8:30 p.m. Thursday, Oct. 11 at Curtis Hall in the Sierra 2 Center.

Measure U, which is on the November ballot, would enact a permanent 1-cent sales tax to maintain and enhance city services, including public safety, and allow the city to invest in youth, affordable housing, and economic development. This is a general tax that only requires a simple majority vote to pass. The revenues raised would be deposited into the city’s general fund and could be used for any municipal government purpose.

Mayor Darrell Steinberg will represent proponents. Craig Powell, president of the nonprofit watchdog group Eye on Sacramento, will represent opponents. The League of Women Voters of Sacramento County will moderate the forum.

Voters passed the existing Measure U in November 2012 as a temporary half-cent sales tax emergency response to city service cuts in the Great Recession. The sales tax will expire on March 31, 2019. According to the city, tax revenues from the expiring Measure U have been used to fund youth programs, park maintenance, community enrichment, policing and fire department services and to help restore library services.

“We would continue to use the first half-cent to pay for essential public services such as police and fire,” Mayor Steinberg wrote in a Facebook post in June. “But with the second half-cent, we could dream. We could use the money to help create an

Please see Forum, Page 3

Sip wine, beer, taste food, enjoy

Something new at the annual Wine Tasting—a VIP tent
Details, Page 5



Drumming lessons in Studio 1

Nothing relieves stress like physically banging on a drum!
Senior Center, Page 7



Make photo calendars

Senior activity, Page 8





VOTE

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NOV. 3-6**

**Nov. 3 Curtis Hall
8 a.m. to 4 p.m.**

**Nov. 4 Room 10
8 a.m. to 4 p.m.**

**Nov. 5 Room 10
8 a.m. to 4 p.m.**

**Nov. 6 Curtis Hall
7 a.m. to 8 p.m.**

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Good neighbors make good fences

Aimee Kratovil checks the level of the fence she builds for Margaret Lednicki, who recently moved to Fifth Avenue.

Margaret and Aimee were neighbors in the UC Davis Medical Center area. "You know she must be a good neighbor if I'm willing to help her build a fence in her new neighborhood," Aimee says of Margaret.

Photo/Joan Cusick



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www.sierra2.org or 916 452-3005

What's new at Sierra 2

By Valerie Burrows

Celebrate diverse community

Join Opening Doors from 6 to 9 p.m. Oct. 13 in Curtis Hall for their annual Festival of Flavors. They will mark 25 years of pathways to self-sufficiency, safety and freedom. Celebrate the region's diversity and sample donations from local restaurants featuring international foods, regional wineries and local breweries.

Proceeds benefit Opening Doors' programs allowing them to continue empowering refugees, immigrants and survivors of human trafficking.

Tickets are \$60 for unlimited food and alcohol, \$45 for food only, and can be purchased at festivalofflavors.com. For more information, contact Neda Awwad at 916 492-2591, ext. 210 or neda@openingdoorsinc.org.

Pop-up dinners

Enjoy this rare opportunity to experience an eight-course tasting menu created by local chef Russell Middleton (formerly of Grange Restaurant and Bar) accompanied with refreshments crafted by Brett Heyer to match each course.

This exclusive two-day ticketed event opportunity will be Nov. 1 at 6 p.m. and Nov. 2 at 7 p.m. in the Garden Room. Tickets are \$120 per person per dinner with a maximum of 40 diners each service.

For tickets and information, contact Russell at Middleton.r87@gmail.com.

Kid's yoga

Little Namaste and Sing teaches kid's yoga for children ages 4-10 years old. Classes begin soon and will be held at 2:30 p.m. on Mondays, Tuesdays and Thursdays in Room 9. Teacher Gary Austin is a certified yoga instructor and licensed kid's yoga instructor.

Students are introduced to physical fitness, flexibility, team building and mindfulness. Classes are one hour long, engaging and fun. Students learn yoga poses, stories, games and meditation. If you're looking for the chance for your kids to unplug and learn about physical and mental fitness, this is the class.

The cost is \$60 (\$15 a session) for four (once-a-week) classes. The drop-in cost is \$20. Ask about multiple-children discounts. To reserve your spot, contact Gary Austin at lilnamasteandsing@gmail.com or 916 502-6535.

Quarantine: County guidelines inform us to use as much fruit as possible

(Continued from Page 1)

The quarantine is expected to last until May. That will hamper the efforts of Harvest Sacramento, which picks fruit from backyard trees and donates it to the Sacramento Food Bank & Family Services.

"We had a conversation with the county last week and they told us we would not be able to harvest until May at the earliest," said Nick Anicich, who manages the Harvest Sacramento program for Soil Born Farms.

"Community members should know that just because their homes are in the quarantine area does not mean that their fruit is bad," he added. "Follow the county guidelines and make it a goal this year to use as much of your fruit as possible – eat it fresh, juice it, freeze it, preserve it – and only if you really have no other options, dispose of it properly."

Steve Lyle, director of public affairs for CDFA, said any discarded produce should be double-bagged and placed in the garbage bin, not in yard waste.

The quarantine zone is generally bordered on the north by El Camino Avenue, on the south by Laguna Boulevard, on the west by the Sacramento River, and

on the east by Bradshaw Road.

For more information about the Oriental fruit fly quarantine, visit the CDFA website at <https://www.cdfa.ca.gov/plant/off/regulation.html> or call their Pest Hotline at 800 491-1899.



Photo/Joan Cusick

Miguel of Fifth Avenue in front of his family's Fuyu persimmon tree that has provided fruit for friends and neighbors for many years.

ELECTION PREVIEW

Former president of SCNA, 2 others running for SMUD director

Viewpoint Staff

Former SCNA President Rosanna Herber is among three candidates competing for SMUD's Ward 4 director position.

Incumbent Genevieve Shiroma, who has served 20 years on the SMUD board, chose not to seek re-election. Shiroma is also a former SCNA board member.

Herber worked for SMUD for more than two decades, most recently as senior program manager, before retiring last year.

"I am running for the SMUD board because I want to give back to my community," Herber wrote earlier this year. "I believe that my 20-year career in the utility industry makes me perfect for this position. My top three issues are 1) Keep

the rates low and the lights on; 2) Grow innovative and green energy programs; and 3) Ensure that SMUD continues to be a strong community partner."

Herber's opponents are security consultant Angela Spease and businessman Mark Graham, both Elk Grove residents.

Spease announced her campaign in August, saying, "I have always felt one of my main purposes in life is serving the community and helping others. On the SMUD board, I will be a strong advocate for hardworking families and ratepayers."

Graham made news in 2016 when he sued SMUD in a dispute over its "smart metering" program. After a Superior Court judge dismissed the lawsuit, *The Sacramento Bee* characterized Graham as a

"persistent critic" of the program.

Graham describes himself as a "businessman, political activist dedicated to working for the public interest ... and the candidate most likely to be independent, think for himself, bring a fresh set of eyes to the SMUD board unencumbered by the establishment's agenda, and to be truly responsive to the voices of SMUD customers." He sees the key issue as "the health hazards of SMUD's 'smart' electric meters."

Campaign filings as of late September indicated the Herber campaign had received about 200 contributions. Among Herber's largest contributors were the Stonewall Democratic Club, \$5,000; Plumbers & Pipefitters Local 447, \$3,000; International

Brotherhood of Electrical Workers PAC and Laborers Local 185 PAC, \$2,500 each; and Rainbow PAC, \$2,000. The other two candidates had reported no contributions, according to Sacramento County's election website.

Ward 4 is an irregularly shaped district encompassing the southwest portion of SMUD's service area. It includes all of Curtis Park except those portions north of Broadway and east of Franklin Boulevard. It also includes most of Land Park, Pocket, part of Elk Grove, Franklin and Walnut Grove.

The SMUD website says the directors' job "is to establish policies and values about how we serve you and to set the long-term direction SMUD will take as we move forward."

Statewide Prop. 10 would allow local jurisdictions to control rents

Viewpoint Staff

California voters will decide this November whether they want local jurisdictions to have the legal basis to impose some form of rent control.

The Affordable Housing Act, or Proposition 10, would give communities the power to adopt rent control to address the state's housing affordability crisis.

Rents have been rising to all-time highs statewide, including the Sacramento region. There is simply not enough affordable housing. Many proposals are being discussed for jumpstarting affordable housing construction to ease the supply-demand dilemma.

For low- and middle-income workers, students and fixed-income retirees, large increases in rent can have catastrophic consequences. Low-income families face

evictions or homelessness because of their inability to shoulder substantial rent increases. College students have to choose between discontinuing their studies or moving back home with their parents. One Curtis Park neighbor reported that her adult daughter had to move back home because her rent increased \$400 per month immediately after her apartment complex was sold.

Proponents argue that without some form of rent control, rents will continue to rise and more and more people will face displacement, homelessness and evictions.

Those opposed to local jurisdictions being able to establish rent controls assert that rent control creates a large and expensive bureaucracy, will deter new housing construction, will lead to less tax revenue to pay for schools and other public services, and will worsen the housing crisis.



Forum: Pro and con arguments will be presented Oct. 11 in Curtis Hall

(Continued from Page 1)

economy rich with good jobs and train young people from all our neighborhoods to fill them."

The city's website says Measure U would restore police and fire protection services, restore gang prevention programs and after-school programs that target at-risk youth and would restore community centers, senior centers, pools and libraries.

Opponent Powell argues in his Eye

on Sacramento blog that Measure U is an example of the city "shoveling millions of dollars out [the] back door of City Hall into the pockets of politically connected special interests at the expense of average Sacramentans."

Powell says sales taxes are regressive and hurt low-income people the most, and the revenue raised from the sales tax is not earmarked for youth programs, housing, job creation, and police or fire protection.

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Notes from Sept. 5th meeting

SCNA president says he won't seek re-election

Eric Johnson's six-year tenure as SCNA president is coming to a close. He said he will not run for president again and encouraged board members to consider running for the position.

The board unanimously passed bylaw revisions to comply with the California Corporations Code and SCNA's articles of incorporation.

Land Park Community Association contacted **John Mathews** about holding a Measure U joint forum. SCNA agreed to participate with the event taking place Oct. 11 in Curtis Hall (see Page 1).

Executive director

Terri Shettle reported that Curtis Fest/Music in the Park had a great turnout with at least 2,000 attendees and \$5,600 in revenue. The 77 vendors were very happy; more are calling and requesting participation in future events. Four food trucks sold out. Planning and brainstorming for next year's event is underway. Discussions may include a date change to a more reasonable time of year weather-wise.

Next meeting

The next regular meeting of the SCNA Board will begin at 7 p.m. Wednesday, Oct. 3 in the Garden Room at Sierra 2.

Holiday craft fair

This year's event, rebranded as Holiday Gifts and Goods, is scheduled for Saturday, Dec. 8. This will build on the success of Curtis Fest. Vendors have already expressed interest in participating. The event will expand into Room 10.

Cops & Coffee

The Sacramento Police Department has approached SCNA to host another Cops & Coffee. The board discussed the merits of establishing a regular schedule or ongoing series. A motion passed unanimously to host a Cops & Coffee in November or December with a "safe holiday" focus.

Finance

SCNA is seeking an accounting firm to help design and provide guidance with day-to-day accounting and bookkeeping and to assist with the budgeting process. The committee is re-evaluating SCNA's banking relationship to reduce credit card processing fees and establish a line of credit. The balance sheet is down this month, which is to be expected at this time of year. Costs should be recouped with funds from the Wine Tasting and other events. Sierra 2 revenue is up 20 percent since July 2017 and 10 percent from the year before.

Facilities

Three options have been presented for a new lease with the city. The goal is to have all options completed by Oct. 1. The committee has a parcel map of all water meters. SCNA has been billed for Curtis Park water meters, although it is not our responsibility. The city may owe SCNA a significant amount of money for water usage that is not ours.

Neighborhood Concerns

No progress has been made in the fence and bench project around the Peace Tree in William Curtis Park. The elm trees were treated and inspections are in progress.

The city will add 8- to 10-hour parking meters along X Street between 22nd and 26th streets.

Bike lanes and pedestrian walkways are not visible on the most recent Crocker Village plans, but John has confirmed their existence with a city planner. Retail businesses that have applied to occupy the shopping center include Banfield Pet Hospital, Panda Express and a dentist.

Crocker Drive residents contacted SCNA about the need for more traffic calming on that street.

Viewpoint

Board members discussed revisiting distribution of *Viewpoint* to apartment dwellers. Copies need to be available for distribution if volunteers are willing to deliver them.

— Submitted by Kat Haro
interim board secretary

President's message

Crisp mornings, warm afternoons, rusty Crayola colors

There's really nothing like early autumn in Sacramento. Finally, respite from the triple-digit temperatures. You feel your lungs expand tentatively as you run over to the river, and then a surprised alveolic spasm of joy as they realize there's no smoke.

Autumn in Curtis Park, however, is really the apotheosis. The tree tunnels down Fifth Avenue and Portola Way are colossal cascades of auburn, vermilion, umber and all the rest of those obscure rusty shades in the Crayola box. The light at sunset is just different – thicker, somehow, as if it's trying to tell you that you really need to get the most out of it before the haze and damp of winter bring the gray.

Biking home from a show at the The Side Door on Franklin Boulevard, you might roll by a friend who has attracted neighbors with a new front patio fire table. Maybe you pull up a chair, and all of a sudden an hour has gone by in conversation, laughter and a sense of conspiracy: How

**ERIC
JOHNSON**
**SCNA
Board
President**



are we, as supposedly responsible adults, getting away with doing this on a Thursday night?

The mornings have become a mite crisp, which somehow makes even a decaf coffee give you a little energetic jolt to start your day. The DMV strollers are in sweatshirts now, but the snatches of conversation you pick up are just as intriguing as during the summer: "... and then it went back under the porch ..." "four

times as heavy as I thought..." "... can't tell him that!"

You debate taking screens out of your windows, but realize there are definitely a couple 90-degree days yet to come; that whole-house fan will still get some use before the end of the year.

It's squirrel heaven, as they take a single bite of each ripe pecan and throw it down from the high limbs, chattering heartily as each one bounces off the roof, a nutty dagger with your bare foot's name on it. If it were possible for rodents to scoff, they'd be doing it. Your research into "pest removal" bears no fruit, and you give up on the fantasy of pecan pie for yet another year.

You despair that there's not a single work holiday in October, and realize that Halloween is what you've got. Remembering how generous Curtis Park is with its candy, you make an advance appointment with your kid's dentist.

This is a wonderful time to be a resident of Curtis Park. Thanks for being here.

VIEWPOINT

Editors	Dennis Cusick Susan MacCulloch
Production	Carol Blackman
Contributors	Valerie Burrows Katie Byram Erik Fay Adrianna Gonzalez Rosanna Herber Heather Hogan Eric Johnson John Mathews Craig McCulloch Nancy McKeever Bruce Pierini Dan Pskowski Judy Scheible Terri Shettle
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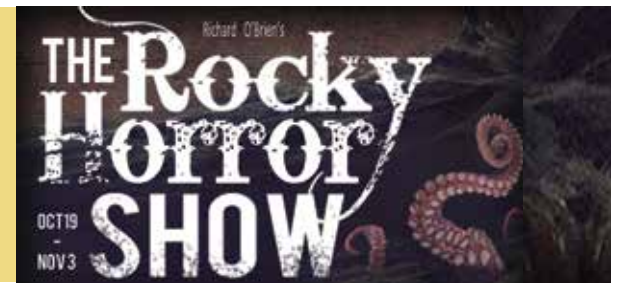
The *Viewpoint* appreciates neighbors who submit news about their babies, new neighbors, milestones and special events. This includes letters to the editor. Please send to denniscusick52@gmail.com with *Viewpoint* in the subject field or call the Sierra 2 office at 916 452-3005. Deadline for *Viewpoint* copy is the 15th of the month prior to publication.

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SIERRA 2 DAY



VIPs get head start at Wine Tasting's food and drink

By Terri Shettle

There's something new this year at the 28th annual Curtis Park Wine Tasting, Silent Auction & Beer Garden on Saturday, Oct. 6 — a VIP tent.

With the purchase of a \$75 VIP ticket, attendees will be allowed early entry at 3 p.m. to get a head start checking out all the event has to offer while also enjoying a dedicated VIP tent with special seating and umbrellas. VIP attendees will have exclusive access to The Diplomat Steakhouse nibbles along with special pourings from Ironstone Vineyards.

VIP tickets are advance purchase only. Regular tickets, which allow entry from 4 to 7 p.m., are \$45 through Oct. 3 for SCNA members and \$50 for non-members. Tickets are available at sierra2.org or at the Sierra 2 Center office. From Oct. 4 through the event, regular tickets are \$60.

Event planner Marjorie Perez of Something Planned Events and misscavegrl.com food blogger Kristy Harris have put together a diverse offering of food, wine and beer with 22 restaurants and 20 wineries. There will be ample opportunity to sample great beers organized by Rob Archie of Pangaea Bier Café and Urban Roots.

Returning restaurants include Selland's Market Café, Riverside Clubhouse, Tower Café, Gunther's Ice Cream, Dad's Kitchen, Freeport Bakery, Espresso Metro, Sugar Plum Vegan, and our own La Famiglia Catering. New participants this year include Seasons 52, Thai Farm BBQ House & Bistro, Kasbah Lounge, Adamos Kitchen, Buffalo Pizza, Antojitos, and Cellar Door Platters.

Silent auction packages include the ever-popular neighborhood dinners, Gunther's Create the Flavor of the Month, wine, food baskets, show and museum passes, restaurant certificates, art, private wine tasting experiences and home décor baskets.

The SCNA board has once again contributed a wine cooler filled with wine as the main raffle item.

All of this would not be possible without the generous support from top sponsors Cook Realty, McDonald Plumbing HVAC, Steffan Brown, Towerpoint Wealth and Grateful Dog Daycare.



From left, Jeff Roberts and Leo Forget of La Famiglia Catering (also a tenant at Sierra 2) served hearty samples of their cuisine at last year's Wine Tasting. Jeff and Leo will return this year with more savory and sweet offerings. Photo/Carol Blackman

Neighbor Doug Pauly to perform at Side Door

Viewpoint Staff

Curtis Park's own Doug Pauly of Second Avenue is among the performers who will appear in concert in October at The Side Door at Fifth String, 2900 Franklin Blvd.

• **The Doug and Jeanne Project**, with Pauly on guitar, Jeanne Munoz and Erin Costa on vocals, Mike Crain on percussion, and Kerry Kashiwagi on bass, will perform Saturday, Oct. 20, at 7 p.m. Pauly describes their song list as everything from rhythm and blues to contemporary popular groups.

Other acts performing in October at The Side Door include:

• **The Nell & Jim Band, 7 p.m. Oct. 5.**

The five-piece band based in the Bay Area plays folk, bluegrass, swing, jazz and blues. Nell Robinson performs on flute and vocals, Jim Nunally on guitar and vocals, Jim Kerwin on bass fiddle, Jon Arkin on percussion, and Rob Reich on accordion and keyboards. Nunally and Kerwin have been longtime sidemen for David Grisman.

• **Cache Valley Drifters, 3 p.m. Oct. 14.**

The eight-member band brings a modern outlook to bluegrass and country music as well as interpretations of such artists as Paul Simon, Leon Russell and Cream. The band features Mike Mullins on guitar, mandolin and vocals; and Wally Barnick on bass and vocals.

• **Bastard Sons of Johnny Cash, 7 p.m. Oct. 18.**

The Bastard Sons of Johnny Cash are an alternative country band led by singer and songwriter Mark Stuart. One reviewer described the band as "at the top of my list for grit, power, emotion and steam."

• **Bob Cheevers & Friends,**



Doug Pauly and vocalist Jeanne Munoz will perform Oct. 20.

7 p.m. Oct. 27. Singer and songwriter Bob Cheevers has written more than 3,000 songs in a five-decade career. His website describes his songs as "rootsy, blues-flavored songs spin tales of life in a conversational language of the heart that rock the soul."

Tickets are available for \$20 per show at www.thesidedoor.net/shows.



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11:30 a.m.-noon (Pre-Ballet)
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whimsyandwishes.com, 916 470-9189

Capital City Music Together

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For schedule:
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SPIRITUAL SERVICES

Sacramento Native American Believers Fellowship
Sundays, 10:30 a.m.-12:30 p.m., Room 10
Lee Aviles, 916 203-6461

Mustard Seed Faith Ministries

Sundays, 10:30 a.m.-12:30 p.m., Room 9
Pastor Dorothy Hayes, 916 213-0901

Good Shepherd Parish

Sundays, 10 a.m.-12:30 p.m., Room 12
Contact: Mother Elizabeth English
916 502-6773, GoodShepherdCommunity.org

Empowerment Theological Seminary

Mondays, 6-9:55 p.m., Room 9, 916 308-7646
empowermenttheologicalseminary.com

True Life Ministries

Sundays, 2:45-4:15 p.m., Room 9
Pastor Grant Harper: 916 382-2885

DANCE

Soulporary Dance Class Ages: 16+
7:30 p.m., 1st & 3rd Thursdays, Studio 1
Brianna James, dklareit@gmail.com

Adult Ballet

Two Rivers Dance Center
Mondays & Saturdays
info@tworiversdancecenter.com

Irish Folk Dancing

1st and 3rd Monday, 7-9 p.m., Studio 1
Liam Irish, 530 677-5549

Polynesian Dance

Tuesday, 6-7:30 p.m. Studio 2
alohatyra@aol.com

River City Taps – Adult Tap Dance

See Website for class schedules. Studio 1 & 3
www.rivercitytaps.com
richard@rivercitytaps.com

Auntie Amy's Hula

Thursday, 3-4 p.m., Studio 1
Amy Cornellier, 916 792-5561

Kalanjali: Dance of India

Saturdays, 9 a.m.-3 p.m., Rooms 11
510 526-2183, katherine.kalanjali@gmail.com

Tartan Hearts

Scottish Highland Dance
9-11 a.m., Sundays, Studio 3
tartanhearts@gmail.com
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ART

Glass Mosaic Classes
Tuesday, Noon-3 p.m. Room 11
karensarp51@gmail.com

MUSIC

Nashville Songwriters Association
2nd Wednesday, 6:30-8:30 p.m., Room 12
Free • Gabrielle Kennedy: 916 476-5073

Japanese Taiko Drumming

Tuesday, Studio 1 • Youth Ages 7+, 6-7 p.m.
Beginning Ages 9+, 7-8 p.m.
Intermediate, 8-9 p.m.
Kristy Oshiro, kristyoshiro.com

MARTIAL ARTS

Eagle Claw Kung Fu Academy of Sacramento
Wednesdays, 6-7 p.m. Studio 2
Saturdays, 12:30-2 p.m., 916 441-7215

Sacramento Sword School Martial Sword Arts of Europe

Thursdays, 6:15-8:15 p.m., Studio 2
Maestro Eric Myers: 916 276-2247

Unified Chinese Martial Arts

For schedule, email Shifu Byron at
Lohan36@sbcglobal.net

YOGA

Iyengar Yoga
Tuesday, 10-11 a.m. Studio 3
Gladys Callander: 916 743-0246

OTHER

Cochlear Community Meetings
6-8 p.m. Nov. 15 Curtis Hall
cochlear.com/US/events

Know Thyself as Soul – Meditation

1st Sunday of the month, 1-4 p.m. Curtis Hall
knowthyselfassoul.org

FITNESS

Zumba with Toya & Linda
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Studio 2
LaToya Bufford, toybufford15@yahoo.com

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Sundays; 4-5 p.m. Studio 1
randirobinson@mac.com

Dancehall PowerUp

Thursdays, 8:30-9:30 p.m., Studio 3
LaToya Bufford, toybufford15@yahoo.com

Motivational Aerobic Dance Exercise

[No classes Oct-Nov]
Kia: keynorrisfitness@gmail.com

Zumba

Fridays, 6-7 p.m., Sundays, 11-noon, Studio 2
Abraham Contreras, pakko.zumba@yahoo.com

Weight Watchers

Thursdays, 8:30 a.m., 10 a.m., 12:15 p.m., 6 p.m.
Saturdays, 9 a.m. Room 10. 800 374-9191

All Levels Pilates Mat Class

6:30 p.m., Thursdays, Studio 1
Lauren, 916 956-0876

Zumba Gold

Tuesdays/Thursdays, 4:45 p.m. (50-min. class)
info@tworiversdancecenter.com

Stilettos with KG – Ages 18+

8:45 p.m., Wednesdays, Studio 3
krystal, kgstilettos@gmail.com

Floor Stretch & Conditioning

11:30 a.m.-12:30 p.m., Saturdays, Studio 1
info@tworiversdancecenter.com

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Tickets: greenvalleytheatre.com

Info: greenvalleytheatre@yahoo.com



Green Valley Theater Company presents this long-running British horror comedy stage musical. A newly engaged couple is caught in a storm and arrives at the home of a mad transvestite scientist unveiling his new creation, a muscle man named Rocky Horror. The musical was adapted into the 1975 film "The Rocky Horror Picture Show" that has a worldwide cult following. Due to the mature content of this show, no one under 18 will be admitted to the performance.

WILD & SCENIC FILM FESTIVAL

Oct. 20

6-9:30 p.m.

Advance tickets: sacwildscenic2018.brownpapertickets.com

Student/Low-Income \$15, General Admission \$20

General + ECOS Membership (save \$10) \$45

* Tickets will be available at the door, but space will be limited!

Ticket sales end at noon on the day of the event.

Info: www.ecosacramento.net



Inspiring Action!
The Wild and Scenic Film Festival on Tour in Sacramento features a program of short films specially chosen by our Habitat and Conservation Committee to focus on the ecosystems and environmental justice struggles in our area, and to inspire action by citizens to protect the planet. There will be a silent auction and raffle at the film festival to raise funds for the protection of local habitat in the Sacramento region.



EVERYONE IS WELCOME

Activities are free except where noted.

(Donations appreciated)

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seniorcenter@sierra2.org

LEISURE

BOOK CLUB

11:30 a.m.–12:30 p.m., 2nd Monday

Oct. 8: "All the King's Men"

by Robert Penn Warren

Nov. 12: "Less" by Andrew Sean Greer

NONFICTION BOOK CLUB

11:30 a.m.–12:30 p.m., 3rd Thursday

Oct. 25: "Chasing the Scream: The First and Last Days of the War on Drugs"

by Johann Hari

Nov. 15: "Stranger in Their Own Land: Anger and Mourning on the American Right"

by Arlie Russell Hochschild

FILM CLUB

1:30-4 p.m., 3rd Tuesday

Oct. 16: "Panic" (2000)

WOMEN'S FRIENDSHIP GROUP

11:30 a.m.–12:30 p.m., 2nd & 4th

Wednesdays, Room 11

LIFE HISTORY WRITING

1-4 p.m., Wednesdays

OPEN ART STUDIO

Noon-3 p.m., Fridays, (except the last Friday) in Room 11

BEGINNING DRUMMING

Tuesdays, 1-2 p.m. in Studio 1

Fee: \$7 per class or \$25 for the month

POTLUCK

Noon-2 p.m., Last Friday of the month

FITNESS

FALL PREVENTION: FLEX, STRETCH AND BALANCE

11:30 a.m.-12:45 p.m., Tuesdays & Thursdays

Resumes in November.

Pat Shaw: 916 856-0136

FITNESS WALKING

9 a.m., Thursdays. Fees: free to walk;

\$5/pole rentals; \$60 poles purchase

Meets in the parking lot by basketball court.

GENTLE YOGA

10-11:15 a.m., Wednesdays

Resumes in November.

Pat Shaw: 916 856-0136

WELLNESS PROGRAM

Punch cards: \$60/10 classes; \$35/5 classes; or

\$10 drop-in. Purchase cards in the Sierra 2

Center office or pay drop-in fee to instructors.

TAI CHI (Beginner, Intermediate & Mixed)

10-11 a.m., 11 a.m.-Noon, Mondays in Studio 3

& 10-11 a.m., Thursdays in Room 12

PILATES WITH LAUREN

10:30-11:30 a.m., Mondays/Tuesdays/Fridays

in Studio 2

YOGA + YUO

10 a.m., Tuesdays, Room 12

(Room 9 on 4th Fridays)

MONTHLY MEDITATION

11:10-11:50 a.m., 4th

Tuesdays, Room 9

ZUMBA TONING W/ KELLY

2-3 p.m., Wednesdays & Fridays, Studio 3



CARDS & GAMES

MAHJONG

10 a.m.-Noon, Mondays

FUN BRIDGE (RUBBER/CONTRACT)

1-4 p.m., Thursdays

PINOCHLE

12:30-3:30 p.m., Fridays

EDUCATION

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2nd Monday, 1 p.m., and Tuesdays, 1-3 p.m.

COMPUTER CLASSES

3rd Mondays, 2-4 p.m. Cost: \$20/class

Sign up in advance; no laptop necessary.

Oct. 15: Internet and Email

Nov. 19: Security. Fee: \$20/each; to register:

916 452-3005, ext. 208

HOLIDAY CALENDARS WORKSHOP

10 a.m.-1 p.m., Oct. 17 in Room 11

Scan your favorite photo memories and

learn how to make calendars for the

holidays. Bring up to 24 loose photos and a

laptop. Judy Bujold of Captured Moments

Fees: \$40; limited to eight students

(details on next page).

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Advance registration is required for all classes. Register at 916 452-3005 x208, in person at the Sierra 2 Center office or online at sierra2.org/thelearnery.

Beginning Spanish

This class builds a foundation for new Spanish learners.
Mondays, October 8-Nov 12, 10-11:30am,
Room 11, \$125/person

Continuing Spanish

For those with some Spanish language knowledge.
Thursdays, Oct. 11-Nov. 15, 6-7:20 p.m.
Room 12, \$100/person

Home Buying 101:

A Class for First-time Homebuyers
Gain insight on the home-buying process in this class led by an experienced Realtor and mortgage lender.
Thursday, Oct. 11, 6:30-8:30 p.m.
Room 12, \$10/person

Harvest Tea

Join us for a high tea focusing on the changing seasons and the bounty of living in the Farm-to-Fork capital. This event will feature Sutter Buttes Olive Oil and a discussion of the Farm-to-Fork movement by a local chef. Each guest will get three tiers of autumn-inspired tea food, a cup (or six) of the Novel Tea's artisan tea, and a few surprising treats.
Sunday, Oct. 14, Noon-2 p.m.
Garden Room, \$40/person

Halloween Thriller Dance Class

Jump into the Halloween spirit with our Thriller dance class! Learn the iconic dance moves from Michael Jackson's Thriller (1983) music video, complete with large claps, monster hands, shoulder shakes and fancy footwork. All levels of dancers and costumes welcome. This is a great opportunity to learn and refine your social dance skills in a fun, friendly, and exciting environment!
Advanced registration required
Sunday, Oct. 21 • 3-4:30 p.m., Studio 2, Free.

Fall Birch Trees Watercolor Workshop

Fall for these gorgeous birch trees! Use masking tape, masking fluid and other tools to create beautiful birch treescapes inspired by the changing season and fall leaves with Tonja Wilcox. No drawing skills needed. Good for beginners and intermediate level painters. All materials are provided.
Saturday, Oct. 27, 3-5 p.m.
Room 11, \$40/person

Spooky Succulents Workshop

Create a spooky Halloween-inspired succulent arrangement in this workshop led by Joe Triglia of Tufarock Design. Plants, tombstones, and other hair-raising plants will be provided. Succulent care and maintenance tips will be shared.
Saturday, Oct. 20, 3-4:30 p.m.
Room 11, \$35/person



Photo/Joe Triglia

Senior workshop helps turn memories and candid photos into great gifts

By Katie Byram

Sometimes the best gifts are reminders of good times, happy memories, childhoods and family. Photo gifts can serve to celebrate lost family members, summarize a year or recall special moments.

Judy Bujold will lead a workshop from 10 a.m. to 1 p.m. on Wednesday, Oct. 17 in Room 12, in which participants will learn how to create their own digital photo calendars.

The workshop has two components: scanning original loose photos into digital versions; and then arranging the photos into neatly designed calendars.

Participants provide up to 24 loose photos for scanning. Photos on smartphones, laptops, and random digital folders can be used. Judy has the equipment

and software to scan large and odd-size documents and photos in high resolutions, high speeds and large volumes. Judy will lead participants through the step-by-step process of Shutterfly's calendar building program. Shutterfly calendars usually retail for \$25-35, a good deal for a customizable product with high-quality paper and ink. With this program, participants will have access to a variety of templates, digital scrapbooking papers, stickers, graphics and more. These features allow users to create beautiful calendars with relative ease.



back to life.

"Older adults have so many more

Judy has led photo workshops in the Senior Center over the last several years. Her business, Captured Moments, focuses on helping clients preserve their memories.

She is a member of the Association of Professional Photo Organizers.

Judy loves working with people who share her passion for bringing their photo memories

memories and usually are quite eager to learn about restoring and preserving those memories for their family," Judy says.

To register, call 916 452-3005 ext. 208. Advance registration is required. Attendance is limited to eight participants. The fee is \$40, which includes digitizing photos and holiday calendar instruction. Please bring a laptop and charger. For more information about Judy Bujold and her Captured Moments business, visit www.judybujold.com.



Judy Bujold



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Crocker Village Update

Public review period coming on new plans for Crocker Village

Viewpoint Staff

Plans are expected to be submitted for public review in October for the second phase of the Crocker Village shopping center as well as for large signs the developer hopes to aim at motorists driving by on Sutterville Road.

The design for the second phase of the shopping center, currently being reviewed by the city, remains similar to the site plan published in *Viewpoint* last month. Structures may have a more contemporary look with different exterior materials and more window area. Also, the pedestrian open area at 10th Avenue and Crocker Drive may be enlarged to about 3,000 square feet and the parking lot area somewhat reduced.

Plans for a walkway between the commercial area and the park have been modified from one central walkway to two widened and enhanced storefront walkways with amenities such as shade, art, arbors and seating. Options for

substantial outdoor dining separated from the larger central parking lot may be included.

The site plan for Phase 2 is expected to be circulated in early October, allowing two to four weeks for public comment.

Petrovich Development Co. also has submitted a proposal for two large lighted signs. A 35-foot-tall sign at Crocker Drive and Sutterville Road would identify the shopping opportunities and mark the main entrance for cars on Sutterville Road. A second 60- to 70-foot-tall sign would rise above the railroad overpass to make Sutterville Road drivers aware of the retail options within the development.

This extra-tall sign requires a zoning code variance, which the developer has requested. The proposed sign reportedly would be attached to a single pylon.

The final design guidelines for Crocker Village specify that signage should fit within the unique character of

the neighborhood. Nothing about tall pylon signs was envisioned or discussed.

The proposed signage plan may be circulated for public review in October. Comments may be submitted to the city in writing, by phone, or by attending a hearing held by the zoning administrator to be scheduled at 300 Richards Blvd.

Construction is well underway on the first phase of the shopping center, a 76,000-square-foot structure that will hold a grocery (shown as Safeway on the developer's website) and one or two other stores.

Buildings backing onto Crocker Drive are also coming out of the ground. City planners say there will be two small areas along Crocker Drive with tables and windows into the back of shops. These retail spaces are designed with the flexibility to be divided front to back to allow smaller spaces for future retail as the market may evolve.

Petrovich Development Co. declined to comment for this article on the progress of Crocker Village.

**Crocker Village
Front Load Traditional Lots**



To get an idea of the typical street elevation planned for Crocker Village future construction, this drawing shows the styles of homes.

BSB Design/Petrovich Development Company

In the District

We all fail when disruption prevails over civility

Have we seen the last of civility? I certainly hope not, but lately I am not quite sure. Based on the level of courtesy and respect shown at a Sacramento City Council meeting, one would be taken aback at best, and appalled at worst.

**JAY
SCHENIRER**
City
Council
Member
District 5



about the shootings.

I understand that people are angry and frustrated with the tragic incidents that have occurred, that the investigations have taken significant time, and that many feel City Council

and city government in general simply don't care.

If the point is disruption, then the demonstrations have been successful. However, if the goal is to collectively and collaboratively create a better city, where all are treated respectfully, then we are all failing.

I am afraid that what is happening at City Council meetings will only cause greater divisiveness and isolate those we most need to support. It is our responsibility to listen to our constituents, understand their struggles, and take actions to improve their chances of success in life.

This will require knowing each other's stories and understanding the hurdles and barriers that our neighbors face.

The council chambers and meetings, by their very nature – with councilmembers sitting high on a dais, two-minute time limits for public speakers, and all of this televised live – are not the best venue for these important discussions.

I have proposed, and I hope my fellow councilmembers and I will be successful in convening, a series of town hall discussions where we can come together as a community to talk about what needs to

happen to best support our future and the future of our children.

Just as the Sierra Curtis Neighborhood Association sent a letter to City Council about the shooting of Stephon Clark, I hope our neighborhood will get involved in these important discussions. Once town hall meetings are scheduled, we will get the message out on social media and other outlets. I look forward to listening to your stories and thoughts.

**New Helvetia honored
at national beer festival**

Viewpoint Staff

New Helvetia Brewing Co.'s Temple Cascara Golden Ale won a silver medal in September in the coffee beer category at the 2018 Great American Beer Festival in Denver.

"We are shaking with excitement and so so grateful to be recognized at the largest beer competition in the nation," Broadway-based New Helvetia proclaimed in a Twitter post. "With 8,864 entries

from 2,404 breweries across the country, we are incredibly humbled and honored."

The gold medal in the coffee beer category went to Kiitos Brewing of Salt Lake City.

The only other Sacramento brewery to be honored was Alaro Craft Brewery, which won the gold medal in the English-style India pale ale category. Sudwerk Brewing Co. of Davis won the silver medal in the American-style amber lager category.

QA

WITH THE SCNA BOARD

Goal is diversity of species planted in City of Trees

“How old and diverse is our urban canopy?”

—Bruce Pierini

SCNA board member Dan Pskowski answers:

Sacramento's urban forest was created over the past 164 years, a forest shaped by human settlement. This drove Sacramento's transition from the City of the Plains to the City of Trees. C.K. McClatchy, *The Sacramento Bee's* editor from 1883 to 1936, was the city's most prominent tree booster by promoting trees through his publication.

During Sacramento's early years, there wasn't much species diversity. The English elm was the dominant species planted in the central city. The plane tree, commonly called the sycamore, was another dominant species planted in the early neighborhoods outside the central city.

The Modesto ash was planted in the early 1950s during the post-World War II housing boom. Those responsible

for these early tree-planting programs didn't understand the problems associated with monoculture planting. The city's Urban Forestry section no longer plants any plane trees due to this species' abundance within our urban forest. The city's goal is to diversify, planting more than 60 tree species.

“What is the state of our tree communities?”

The central city has lost a significant amount of canopy due to the English elm trees' age and health. Another cause for canopy loss is development projects where all the existing city street trees adjacent to the site are removed to make way for new buildings.

Neighborhoods with Modesto ash trees have also seen a significant reduction in canopy due to mistletoe

infestation and this species' weak structure.

Plane trees in older neighborhoods are holding up fairly well, which is why it's the number one tree species planted in cities around the world. The plane tree has problems with sycamore anthracnose, sycamore scale, powdery mildew, etc., but it's able to handle these problems as well as root pruning for infrastructure repairs.

“What are the biggest obstacles to maintaining a healthy urban forest?”

The biggest obstacle is providing above- and below-ground space to grow a large-canopy shade tree. The central city is suffering due to the absence of building setbacks. The addition of outdoor cafes and underground utility vaults also puts a significant squeeze on plantable space.

Our older neighborhoods are fortunate because their lot sizes and good soils can accommodate trees. The new subdivisions have postage stamp-size lots that are unable to accommodate shade trees. Small ornamentals such as the crape myrtle are planted instead. Additionally, as the cost to maintain trees continues to climb, residents who have space for a shade tree opt for a small ornamental tree to save money.

Banning gas-powered blowers makes cities healthier places

By Dan Pskowski

Our neighborhood trees are beginning to display their beautiful fall colors. The shortened daylight and cooler temperatures are some of the factors that control autumn coloration.

But an abundance of leaves brings a chorus of gas-powered leaf blowers usually heard on most Curtis Park residential streets. The city allows leaf blowers from 9 a.m. to 6 p.m. Monday to Saturday and from 10 a.m. to 4 p.m. on Sunday.

Some 20 California cities have gone so far as to ban any type of gas, electric or battery-powered leaf blowers – some since 1976.

Why is Sacramento so entrenched in allowing the use of gas-powered leaf blowers? Studies indicate they pollute the air with their emissions. The newer models do not pollute as much due to federal EPA regulations. However, the engine releases 100 percent of its tailpipe emissions.

Leaf blowers worsen allergies and asthma, and irritate the lungs by propelling into the air clouds of dust, dirt and toxic chemicals that may have been applied to lawns. Week by week, the blowers slowly

remove all the beneficial organic mulch placed around trees and landscape beds.

Gas-powered leaf blowers disrupt neighborhood tranquility. They operate at wind speeds up to 170 mph, which stir up molds, allergens and dust tamped down by water and decomposition. Gas-powered blower noise levels on the new models are between 64-107 decibels. A jet takeoff is 100 decibels and any sound above 85 decibels can cause hearing loss.

What are the alternatives? The preferred method is to rake or sweep leaves and debris. Another choice is using an electric leaf blower or electric leaf vacuum; they're not as noisy and don't pollute.

Critics claim that leaf blower bans will cause landscape companies to go out of business. However, in cities that have banned gas-powered leaf blowers, the local gardeners were not driven out of business.

This past summer, Sacramento experienced 19 Spare the Air days, the most since 2002. This has prompted City Council to explore banning the use of leaf blowers on Spare the Air Days.

Let's make our neighborhood a more peaceful, healthier place by not using gas-powered leaf blowers.

Neighbors consider forming Neighborhood Watch group

By Erik Fay

Neighbors from the northwest quadrant of the neighborhood have been discussing the merits of forming a Neighborhood Watch group.

Discussion has focused on recent crime activity west of 24th Street, including a nighttime assault, thefts from porches near 21st Street, trash illegally dumped in alleys, homeless people entering back yards, drug use in alleys, thefts from car interiors, and people sitting in parked cars for extended periods. Concerns also have been voiced about the perceived slow police response time in some situations.

A number of neighbors met Sept. 6 in the Sierra 2 Garden Room to discuss the potential benefits of forming a Neighborhood Watch group for the area bordered by Second Avenue, 24th Street, Portola Way and 21st Street. Jennifer Jahnsen of Third Avenue led the discussion.

At the meeting, neighbors talked about becoming the “eyes and ears of the

police” in the area, trimming bushes so they are not so dense as to make illegal activity invisible from the street, having a dog that barks as the best security system, and posting Neighborhood Watch signs to make criminals know the neighbors are aware of what happens on their street.

Participants were cautioned that the program is not designed for neighbors to take personal risk or directly confront criminal activity.

Residents of Markham Way have assembled a list, shared among themselves, of who lives in each house with contact phone numbers and emails. They notify one another about when they will be away from home so someone watches the house, takes care of pets, and picks up any papers, mail or packages.

Neighborhood Watch advocates encourage the formation of similar groups in other areas of Curtis Park because they feel the entire neighborhood is too large for a single group.

Police say neighbors communicating with and watching out for each other is one of the best crime deterrents.

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Spanish immersion sabbatical for couple

By Susan MacCulloch

Choosing to study another language and culture intensively, **Mary** and **Paul Durbrow** of 26th Street are on a three-country Spanish immersion adventure. The couple took a semester sabbatical from their teaching jobs in Sacramento-area public schools.

“We have always wanted to learn another language,” Mary says. “Spanish is also super helpful with teaching.”

Their first stop is Guatemala for eight weeks. They will study weekdays, stay with a local family and travel on the

weekends. Trips to date have included Lake Atitlan, pueblos outside Antigua, Chichicastenango and the ruins of Tikal - “awe-inspiring,” Mary says.

Their next study excursion will take them to Peru for seven weeks – the first month studying at a Cusco-based language school, and then travels to Machu Picchu and the Amazon with family who will join them.

The couple’s final Spanish study destination is Costa Rica for four weeks near Manuel Antonio National Park.

They will return to Curtis Park in mid-December.



At Lake Atitlan in the Guatemalan Highlands of the Sierra Madre range, Paul and Mary Durbrow of 26th Street took a three-month sabbatical from their teaching jobs to learn the Spanish language and culture.

Photo/Mary Durbrow

Retired SCC instructor Carolyn Ralston, 76

Carolyn Ralston, a Seventh Avenue resident since 1986, died Aug. 27 at age 76.

She was involved in many activities in the Sierra 2 Senior Center, including the Senior Committee, the Life Writing class and the My Story Project.

Carolyn was a story coach for more than seven years in the My Story Project, helping clients organize their own story in preparation to film a video for their family. She often volunteered to handle additional responsibilities including video camera operation. Joan Whittaker, another My Story Project volunteer, wrote of Carolyn:



Carolyn Ralston

“She was such a wonderful person who was always willing to help when there were issues with our equipment.”

Before retiring, Carolyn was on the faculty of the English Department at Sacramento City College. She also edited audit reports for the state auditor.

She was active with the Sacramento Poetry Center. Several of her poems were published in its annual journal, *Tule Review*.

She is survived by her husband of 42 years, Bob Ralston; and her older sister, Anna Enea.

A memorial celebration is planned.

— *Craig McCulloch*

Susan Orr – artist, spiritual leader, environmentalist, gardener

Curtis Park has lost one of its shining lights.

Susan Orr of Fourth Avenue was a gifted artist, leader of the Sacramento Buddhist community, passionate environmentalist and caretaker of one of the most prolific and beautiful gardens in the neighborhood.

Susan taught qigong classes at Sierra 2 for years and held morning meditation sittings open to all. She co-founded and served on the board of the Sacramento Dharma Center, which opened in late 2016, the culmination of a major effort that took years of fundraising



Susan Orr

and searching for an appropriate building.

The former bank building in the College Greens neighborhood became a home for three Buddhist organizations that had previously met in rented spaces. Susan’s training in mediation was used extensively in bringing all the disparate parties and planning to together.

In keeping with her concern for the environment, Susan opted for a “green burial” in Mill Valley.

Susan’s daughter, Katie Thomas, and her husband, Richie Lawrence, live on Portola Way.

— *Mary Anne Moore*

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Bret Harte news

New mindfulness program teaches kids to BREATHE

By *Adrianna Gonzalez*



The new mindfulness curriculum and dedicated classroom at Bret Harte Elementary School will continue to teach students how to focus on the now.

Supplied with yoga mats, blankets, and cue cards, the newly decorated mindfulness classroom is ready to welcome students with its new focus for the 2018-19 school year, BREATHE.

BREATHE stands for Body, Reflections, Emotions, Awareness, Tenderness, Habits and Empowerment.

BREATHE will be taught to every student on campus. For fifth and sixth grades, the focus will be on active breathing practice, with thought-provoking journal writing and open discussion, as well as mindfulness, promoted through the five senses. A game inspired by Jenga will be used with positive affirmations on one side and favorite yoga poses on the other. Students will recite positive affirmations and lead a class pose as well as a guided meditation in final rest.

Younger grades will have a story dealing with breathing and practicing movements. “The key to this class is giving the children a chance to practice and not the expectation that they will get it,” said Joshanna Gianni, mindfulness instructor at Bret Harte. “It gives them space to be children, to learn and to feel comfortable amongst

their classmates bridging communities.”

Gianni operates this program through her company, “Just Breathe Yoga and Pilates,” under the Sacramento Park and Recreation Enrichment Programs, which includes Sacramento City Unified School District.

This will be Gianni’s second year teaching yoga and mindfulness to students and staff, providing them with the knowledge and skills to integrate mindfulness and yoga into their lives, both on and off the mat.

Garden Workdays

The monthly Garden Workdays at Bret Harte are a special and exciting time.

Parents, students, staff and neighbors come together as a community and volunteer their time to help create and maintain a beautiful vibrant learning space for the students.

Last month, volunteers helped with weeding, general cleanup in the garden and prepped the garden beds for fall planting. This fall students will be planting peas, lettuce and broccoli. In addition, a new orchard fence was installed last spring to help maintain more fruit on the tree and students will be harvesting over 100 apples from the apple trees.

Workdays would not be possible without the Bret Harte



Photo/Will Carlton

Volunteers help with cleanup and prepping garden beds for fall planting at the September Garden Workday at Bret Harte Elementary School. Workdays are once a month. Volunteers are always needed.

Garden Council that organizes fun and productive Workdays, head organizers Karen and Bill Hill, as well as the volunteers.

Workdays take place once a month. Volunteers are always needed. If you are interested in volunteering at a workday, please contact the main office at 916 662-6261.

The next workday will be Saturday, Oct. 13, from 10 a.m. to noon.

Nextdoor

Love or hate them, Jump Bikes attract strong opinions

By *Craig McCulloch*

The bright red Jump Bikes that have become ubiquitous in the central city were a hot topic on NextDoor.com in September, with more than 150 comments posted in a few days.

Jump Bikes may be pedaled or electrically assisted. To use these bikeshare rentals, riders must download the app, which is available for both iOS and Android phones. Riders register in the app and provide credit card information. The app can find a bike using GPS. A small computer on the bike allows riders to enter the code needed and the timing

starts. The cost is \$1 per 15 minutes and 7 cents for each minute thereafter.

About 60 percent of the NextDoor posts were favorable. They said the bikes are good for getting people out of cars and useful for short trips around town – to the drug store, dentist, or for carryout food. They are convenient and take fewer parking spaces.

Many commentators expressed concerns for safety issues with new riders. Several instances were observed of riders breaking traffic laws for stop signs/lights, failing to signal, and carelessly riding on sidewalks.

Jump Bike riders need to provide their own safety

helmets, as helmets are not provided. Some riders were seen carrying a passenger in a precarious position. Some commentators suggested riders should be required to view traffic-safety videos before they rent Jump Bikes.

Parking the bikes when the ride is concluded was another concern. Some said they had seen bikes abandoned on sidewalks, potentially blocking the routes of pedestrians and people in wheelchairs. A few expressed a dislike of the bright red color that is calculated to make finding the bikes easier.

A motorcyclist said he was strongly opposed to Jump Bikes: “I just wanted to trash one out of spite.”

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